



## Sporting ECA Timetable 2025-2026

ACTIVITY	DAY	TIME	YEAR GROUP	VENUE	COACH	COMMENTS	ADDITIONAL INFORMATION
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### MONDAY

Junior Girls Basketball Team	Monday	1.55-2.55	1-3	Sports Centre	RNE/ASI	Selective	The Junior Girls Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Junior Boys Football Team	Monday	1.55-2.55	1-3	Futsal Pitches	Alexis Pittas/Andreas Andreou	Selective	The Junior Boys Football Team trains regularly and participates in school futsal tournaments and friendly matches.
Junior Boys Basketball Club	Monday	1.55-2.55	1-3	External Basketball Courts	ANI/ASI		The Junior Boys Basketball Club provides the opportunity to students to participate in basketball for fitness and fun.
Brazilian Jiu Jitsu Club	Monday	1.55-2.55	1-7	Jiu Jitsu Room	GDE/Andreas Achniotis		The Brazilian Jiu Jitsu Club trains regularly and helps students develop their skills and fitness.
Junior Boys Athletics Team	Monday	1.55-2.55	1-3	Athletics Track	PAP	Term 2	The Junior Boys Athletics Team participates in the Nicosia Schools Competition, with the top athletes qualifying for the Pancyprian Competition. Students train in the full range of track and field events and eventually get to specialise in their best ones.
Senior Boys Futsal Tournament	Monday	1.55-3.25	4-7	Futsal Pitches	PAP	Team Entries required	Students make their own teams and take part in the Senior Boys Futsal Tournament, getting involved in competitive, recreational matches.
Senior Tennis Club	Monday	2.00-3.30	4-7	Tennis Courts	Yiannos Ioannides		The Senior Tennis Club provides instruction and skill development, culminating in a School Tournament.
Senior Girls Basketball Team	Monday	2.30-3.30	1-3	Sports Centre	RNE/ASI		The Senior Girls Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Junior NBA Team	Monday	2.55-3.55	1, 2	External Basketball Courts	ANI/ASI	Selective	The Junior NBA Team is a mixed basketball team, participating in a Pancyprian Tournament, offering exciting competition opportunities.
Senior Boys Volleyball Team	Monday	3.30-4.30	4-7	Sports Centre	CMA/YNE		The Senior Boys Volleyball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Gym - Fitness Training	Monday	6.00-7.30 & 1.30-5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.

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## TUESDAY

Junior Boys Basketball Team	Tuesday	1.55-2.55	1-3	Sports Centre	ANI/ASI	Selective	The Junior Boys Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Junior Girls Athletics Team	Tuesday	1.55-2.55	1-3	Athletics Track	CHU		The Junior Girls Athletics Team participates in the Nicosia Schools Competition, with the top athletes qualifying for the Pancyprian Competition. Students train in the full range of track and field events and eventually get to specialise in their best ones.
Junior Boys Football Club	Tuesday	1.55-2.55	1-3	Main Football Ground	Alexis Pittas/Andreas Andreou		The Junior Boys Football Club provides the opportunity to students to participate in football for fitness and fun.
U-15 Girls Football Team	Tuesday	1.55-3.25	1-5	Main Football Ground	Georgio Kyriacou	Matches on Saturdays	The U-15 Girls Football Team trains regularly and participates in the Cyprus Football Association Championship, with matches played on Saturdays. In addition, the team participates in other school and club competitions each year.
Junior Tennis Club	Tuesday	2.00-3.30	1-3	Tennis Courts	Yiannos Ioannides		The Junior Tennis Club provides instruction and skill development, culminating in a School Tournament.
Senior Girls Volleyball Team	Tuesday	2.55-3.55	4-7	Sports Centre	Vasileia Konstantinou		The Senior Girls Volleyball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Gym - Fitness Training	Tuesday	6.00-7.30 & 1.30-5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.

## WEDNESDAY

Senior Boys Basketball Team	Wednesday	1.30-2.30	4-7	Sports Centre	ASI/ANI		The Senior Boys Basketball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Senior Boys Football Team	Wednesday	1.55-2.55	4-7	Main Football Ground	TBC		The Senior Boys Football Team trains regularly and participates in school futsal tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
School Hockey Team	Wednesday	1.55-2.55	1-7	Hockey Pitch	TBC		The School Hockey Team trains regularly and takes part in the Salakian Hockey Trophy, against ESOBGA. Other participation opportunities, mainly through the Cyprus Hockey Association arise every year.
Girls Football - Individual Skills Club	Wednesday	1.55-2.55	1-7	Futsal Pitches	Alexis Pittas/Andreas Andreou		The Girls Football - Individual Skills Club focuses on developing the personal football skills of girls who want to be more effective football players.
Table Tennis Club	Wednesday	1.55-2.55	1-7	Sports Centre	Polys Tziambos		The Table Tennis Club provides instruction and skill development, culminating in a School Tournament.
Senior Boys Basketball Club	Wednesday	2.30-3.30	4-7	Sports Centre	ASI/ANI		The Senior Boys Basketball Club provides the opportunity to students to participate in basketball for fitness and fun.
Gym - Fitness Training	Wednesday	6.00-7.30 & 1.30-5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.

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THURSDAY

Junior Boys Afternoon Games	Thursday	2.10-3.30	1-3	Sports Centre	Heads of House/Afternoon Games Coaches	Curriculum for Boys in Years 1-3	Boys in Years 1-3 take part in Afternoon Games with their House, participating in competitive and recreational sport.
Junior Boys Volleyball	Thursday	3.30-4.30	1-3	Sports Centre	YNE/CMA		The Junior Boys Volleyball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Gym - Fitness Training	Thursday	6.00-7.30 & 1.30-5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.

FRIDAY

Junior Girls Afternoon Games	Friday	2.10-3.30	1-3	Sports Centre	Heads of House/Afternoon Games Coaches	Curriculum for Girls in Years 1-3	Girls in Years 1-3 take part in Afternoon Games with their House, participating in competitive and recreational sport.
Junior Girls Volleyball	Friday	3.30-4.30	1-3	Sports Centre	TBC	Selective	The Junior Girls Volleyball Team trains regularly and participates in school tournaments, including the Ministry of Education Nicosia Competition. The top 2 schools will qualify for the Pancyprian Competition.
Sports Day Choreography	Friday	3.30-4.30	1-7	Sports Centre	CHU		The Sports Day Choreography Club prepares students to perform as part of our Sports Day and in other external sporting/cultural events.
Gym - Fitness Training	Friday	6.00-7.30 & 1.30-5.30	1-7	Gym - Weights Room	ASL		The Gym offers supervised exercise opportunities, where individual training programmes are agreed. Students work independently towards achieving their fitness goals.

SATURDAY

Senior Boys Athletics Team	Saturday	8.00-9.00	4-7	GSP Athletics Stadium	ANI		The Senior Boys Athletics Team participates in the Nicosia Schools Competition, with the top athletes qualifying for the Pancyprian Competition. Students train in the full range of track and field events and eventually get to specialise in their best ones.
Senior Girls Athletics Team	Saturday	9.00-10.00	4-7	GSP Athletics Stadium	ANI		The Senior Girls Athletics Team participates in the Nicosia Schools Competition, with the top athletes qualifying for the Pancyprian Competition. Students train in the full range of track and field events and eventually get to specialise in their best ones.

ACTIVITIES TO BE TIMETABLED

School Parade Team	TBC	TBC	6-7	Athletics Track	PAP		The School Parade Team practices at agreed times (normally during second breaks, weekends and holidays) in order to represent the School in the 28th October and 25th March School Parades in Nicosia. Priority is given to students in Years 6 and 7.
Running Club	TBC	TBC	1-7	Athletics Track	SKA/BRO		The Running Club participates in various running events in Cyprus.